

Welcome to Mowbray Rangers Football Club





Mowbray Rangers Football Club

Welcome to MRFC!

This booklet is designed for both players and parents to give you as much information as possible about our football club, our aims, our philosophies and our standards. We hope that you enjoy reading but if you really want to know what we are about then come down to the ground and see us – you'll be very welcome!



Originally founded in 1983 as an U10's team by Alan Webster and others who have their names printed on our changing room doors as a thank you tribute. We are now one of Leicestershire's most prominent Charter Standard Community Clubs with 13 teams from under 7's to under 16's.

Our ground is at the Asfordby Hill Playing Fields on Melton Road, Asfordby Hill where we have numerous pitches and a club house with changing rooms, toilet facilities, a tea bar and indoor seating area.

Mowbray Rangers Football Club Philosophy

MRFC will provide an organised structure in order to develop football (and other) skills in a safe environment, ensuring equality, fairness and respect* for all players, coaches, officials and volunteers.

MRFC coaching and playing philosophy follows that of the English Football Association:

“The future game” vision is intended for all standards, with the same underpinning values applicable from grassroots to elite level.

A vision for coaching:

To train, develop, qualify and support innovative coaches to become excellent teachers of the game.

A vision for players:

To produce technically excellent and innovative players with exceptional decision making skills.

In Possession of the ball:

- A possession based approach, played through the three thirds of the pitch.
- Quality passing and intelligent movement and support off the ball.
- Penetrative, incisive and varied attacking play, allied to good finishing.
- Counter-attacking whenever opportunities arise.

Out of possession:

- A tactical approach to defending in which all players contribute.
- A controlled, calculated and assertive approach when and where necessary.

This philosophy actively encourages the individualistic player. Players with varied and unique dribbling skills and the dexterity to go past defenders, particularly in the final third, are fundamental to success in the future game.

MRFC players will also strive to play as an integral part of the team, providing support and encouragement to all squad members throughout the game, irrespective of the score-line.

It is the responsibility of all players, parents, coaches' officials and volunteers to assist with this philosophy during all MRFC related activities.

(Respect* = all FA codes of Conduct as per Club Website)



Teams (2016-17)

Under 17's	U17
Under 13's	U13 Girls
Under 13's	U13 Tigers
Under 13's	U13 Lions
Under 12's	U12 Jaguars
Under 11's	U11 Cubs
Under 10's	U10 Cubs
Under 9's	U9 Tigers
Under 9's	U9 Lions
Under 8's	U8 Panthers
Under 7's	U7 Jaguars

Soccer School

Mowbray Rangers is also proud to run a Mini Soccer School for 5 to 7 year olds held at the club on Asfordby Hill on Saturday mornings.

Steve and Chris run the sessions from 10.30 am – 12.00 and the cost is £3:50. For new players the first session is FREE!

A typical session may be to provide 30 minutes structured and progressive technical drills (one topic per week) and a mini tournament on small pitches with small teams.

Players (and their parents) are more than welcome to come up and have a look around and join in the different exercises, covering all aspects of the game.

All players need is some shin pads, suitable kit and footwear and a drink.

It's a great way to start to enjoy the game as well as preparing to join a Mowbray Team in the different leagues at a later date.

International Football:

At Easter each season we will see our Under 14/15 team go off to our friends at Etoile Club (EACTG) just to the South of Lille, France for a weekend of fun and friendship.

7 weeks later our friends from Lille return to us when we host our International Tournament at 2 age groups (between 12 and 13) inviting teams that we consider to be from our friendliest clubs.

It is impossible to quantify how much fun and enjoyment, learning and life experiences these weekends add to all players and parents involved. The current Chairman and Vice Chairman have been involved for the last 8&9 seasons respectively and would not miss either event.

Time passes so quickly that it will soon be time for us to arrange your experience!

Charter Standard Community Club

Mowbray Rangers has been awarded the FA Charter Standard Community Club Status. This is a kite mark which recognises and rewards high quality levels of provision in club and league football.

The kite mark is awarded to clubs and leagues that are well run, sustainable and which place child protection, quality coaching and safety paramount.

There are 3 levels of FA Charter Standard Awards to recognise the different standards. The entry level is an FA Charter Standard Club, the next level is an FA Charter Standard Development Club and the most advanced level is the FA Charter Standard Community Club. Each advanced level requires additional criteria to be met.



**CHARTER STANDARD
COMMUNITY CLUB**

Grassroots Football

The key concept of the Grassroots programme is to bring together as many people as possible through football. The grassroots programme advocates exchanges and sharing human values and, of course, promotes the pleasure of practising our marvellous sport.

The Grassroots philosophy:

1 ...And can be played everywhere and anywhere

FIFA's Grassroots Programme brings football to children aged 6 to 12 all over the world.

2 Football is for everyone ...

Football can be played by everyone regardless of age, gender, religion, ethnic or social background and level of fitness.

3 Football is a school of life ...

Fair play, team spirit and camaraderie are just a few of the many values advocated by football.

4 ... That is also fun.

Having fun is the most important thing in football. Coaches teach the game, not victory at all costs.

5 Football is for everyone ...

Football can be played by everyone regardless of age, gender, religion, ethnic or social background and level of fitness.

Respect



We all have a responsibility to promote high standards of behaviour the game.

The FA's Respect Programme is aimed at tackling unacceptable behaviour across the whole game.



As a Charter Standard Club Mowbray Rangers follows the Respect Programme to ensure football can be enjoyed in a safe, positive environment.

The 3 Codes of Conduct are detailed here:

Young Players

Spectators and Parents/Carers

Coaches, Team Managers and Club Officials



YOUNG PLAYERS

As a player, you have a big part to play. That's why the FA is asking every player to follow a Respect Code of Conduct:

When playing football, I will:

- **Always play to the best of my ability**
- **Play fairly – I won't cheat, complain or waste time.**
- **Respect my team mates, the other team, the referee and my coach/manager.**
- **Play by the rules, as directed by the referee.**
- **Shake hands with the other team and referee at the end of the game.**
- **Listen and respond to what my coach/team manager tells me.**
- **Talk to someone I trust or the club welfare officer if I'm unhappy about anything at my club.**



COACHES, TEAM MANAGERS AND CLUB OFFICIALS

On and off the field, I will:

- **Show respect to others involved in the game including match officials, opposition players, coaches, managers and spectators**
- **Adhere to the laws and spirit of the game.**
- **Promote Fair Play and high standards of behaviour.**
- **Always respect the match official's decision.**
- **Never enter the field of play without the referee's permission.**
- **Never engage in public criticism of the match officials.**
- **Never engage in, or tolerate offensive, insulting or abusive language or behaviour.**

When working with players I will:

- **Place the well-being, safety and enjoyment of each player above everything, including winning.**
- **Explain exactly what I expect of players and what they can expect from me.**
- **Ensure all parents/carers of all players under the age of 18 understand these expectations.**
- **Never engage in or tolerate any form of bullying.**
- **Develop mutual trust and respect with every player to build their self esteem.**
- **Encourage each player to accept responsibility for their own behaviour and performance.**
- **Ensure all activities I organise are appropriate for the players' ability level, age and maturity.**
- **Co-operate fully with others in football (eg, officials, doctors, physiotherapists, welfare officers) for each player's best interests.**



SPECTATORS AND PARENTS/CARERS

Play your part and observe The FA's Respect Code of Conduct for spectators and parents/carers at all times.

I will:

- **Remember that children play for FUN.**
- **Applaud effort and good play as well as success.**
- **Always respect the match officials' decisions.**
- **Remain outside the field of play and within the designated spectators' area (where provided).**
- **Let the coach do their job and not confuse the players by telling them what to do.**
- **Encourage the players to respect the opposition, referee and match officials.**
- **Avoid criticising a player for making a mistake – mistakes are part of learning.**
- **Never engage in, or tolerate offensive, insulting or abusive language or behaviour.**

Committee Members

Chairman	Phil Baker chairman@mowbrayrangersfc.co.uk bakerworld@sky.com 07530554922
Vice Chair	Jamie Southerington JamieSoutherington@gmail.com 07867397422
Secretary	Denise Knipe secretary@mowbrayrangersfc.co.uk 07813 976672 01664 850986
Treasurer	Rachel Bland Rachelbland76@hotmail.com 07791286979
Child Welfare	Denise Knipe/Rachel Bland childwelfare@mowbrayrangersfc.co.uk
General Manager (11 a side)	Simon Bailey simon.bailey@mowbrayrangersfc.co.uk 07966920203
General Manager (Mini Soccer)	Jamie Southerington jamiesoutherington@gmail.com 07867397422
Premises Officer	Wayne Reek Wayne.reek@mowbrayrangersfc.co.uk 07564089568
Hospitality Manager	Clair Homewood clair.homewood@sky.com 07866216349

Kit Manager **Simon Bailey**
Simon.bailey@mowbrayrangersfc.co.uk
07966 920203

Danielle Moore **Committee Member**
Martin Brunning **Committee Member**
Alex Pead **Committee Member**

Groundsman **Ray Hill**
07930494038

Managers

U7 Jaguars	Stuart Worby	07715 266745
U8 Panthers	Luke Dugmore	07711 224760
U9 Tigers	Jamie Southerington	07715 219159
U9 Lions	Adam Verity	07828 333670
	Matt McConnell	07515 984748
	Ryan Franklin	07584 315500
U10	Sam Heatherley	07885 548538
	Alex Pead	07790 610513
U11	Martin Brunning	07552 619865
U12	Mark Swinscoe	07906 080602
	Julia Bartley (admin)	07875 203932
U13 Tigers	Simon Bailey	07966 920203
U13 Lions	Chris Clarke	07738 731068
U13 Girls	Mark Townsend	07929 026849
U17	Stuart Rowles	07508940911

(visit www.mowbrayrangersfc.co.uk for up to date contact details)



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www.mowbrayrangersfc.co.uk



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